Plant and Share Month



Buzzing about Bees

Bees are vital in helping produce the food we eat. Quite simply they are the superhero of any allotment, garden or farm. Without them the food we love and eat to survive would be lost.

In this resource we will learn all about the different common species of bee in the UK, some of the jobs they have in our natural world and some simple things we can do to help them carry out their important role in the **biodiversity** of our planet. There are around 20,000 bee species worldwide. In the UK there are over 250 species of bee: 25 species of bumble bee, 224 species of solitary bee and 1 honey bee species.

What is biodiversity?

The word biodiversity is short for biological diversity. The planet needs a good and varied number of bacteria, genes, plants, animals, fungi and more to make a strong planet or ecosystem.

We all rely on each other; from tiny cells you can't see without a microscope, whales in the sea and the leaf mould and fungi Trees are a great way to explain why we need a strong and diverse eco system.

- Trees provide oxygen which humans rely on
- They provide shade from the weather for animals.
- Trees provide food from nuts, berries and leaves
- They are used to build
- Trees are used to keep us warm and to heat fires
- Tree roots can also help prevent flooding, their leaves fall to the ground, decay and are used to keep soil fertile.

Amazing to think a tree can do so much!

As biodiversity weakens from over farming, pollution or global warming the planet can lose species, be prone to flooding or extreme weather and crops can be lost. But, we can all work together to each play a part in increasing the biodiversity where we live. Bees are one important part of good biodiversity so by helping bees out we can also help other organisms, plants and animals thrive.



What is a pollinator?

When bees crawl over flowers to collect nectar to eat, bits of pollen get stuck all over their bodies. When the bees fly from flower to flower, some of the pollen falls onto the stigma of the flower. This fertilises or fertilises (pollinates) the plant so that it can reproduce. It also helps the plants create seeds which are harvested or drop to the ground and make the next generation of plants.

What do bees pollinate?

There are over 70 agricultural crops in the UK that benefit from pollination by bees, as well as thousands of our wildflowers, trees and garden plants.

In all, they are responsible for pollinating around one-third of all the foods we eat and that farm animals eat.

Without bees many plant crops would no longer exist, so no apples or strawberries to eat, no cotton for t-shirts or bed covers and a lot less food for farm animals.

Busy bees

Wild meadows, flowers and pollinating plants are important for bees and other pollinators (butterflies, flies, wasps and moths), providing them with the nectar and pollen they need to thrive, as well as places to nest. Nectar gives bees the energy they need to fly and find a nest, while pollen provides bees the protein they need to grow whilst also pollinating the plants they visit at the same time.

It isn't just bees who pollinate, although they are the superhero of pollination. Wasps, hover flies, beetles and more are also polloinators and you can read about them in the Precious Pollinators resource.

Solitary, Bumble and Honey – the who's who of bees

Solitary bees aren't ones who fell out with their friends and chose to live alone, there are over 200 different types of solitary bee in the UK. They don't live in hives or colonies, they don't have a queen and they don't produce honey, but they do help pollinate, in fact they are the most effective pollinators. Bumblebees aren't solitary bees. They live in nests with up to 400 others. And yes, they create honey, but this is just for their consumption. So they aren't classed as a honey bee either!

Bumblebees are larger and hairier than their cousins the honey bees, which makes them perfectly suited for colder climates like the UK. The opposite to solitary bees Bumblebees are social insects. Each nest is ruled by a queen and lasts for just one year. This is different to honeybee hives which remain active for several years.

Honey bees, and there is only one species in the UK, make the honey we may have on our porridge or toast from nectar and pollen. Honey bees live in large colonies or hives and there are three roles:

Queen – she lays the eggs and runs the hive, she also produces chemicals that quide the behaviour of the other bees.

Worker – females who forage for food (pollen and nectar from flowers), build and protect the hive, clean and circulate air by beating their wings. It is the worker bee you'll most likely meet.

Drones - Unlike the worker bee drones do not sting. They don't gather honey or nectar and are unable to feed without assistance from worker bees. Their job is to mate with the queen so sadly, as there is only one queen per colony, many of them don't have a job to do!

Are you buzzing to learn more?

Then check out the other two resources in this pack:

- Identifying Bees
- Helping Bees

About this resource:

Got the gardening bug? Why not take part in our Worm Hunt next, or learn about more bee-friendly flowers and herbs, how to build a DIY insect home, and how to fight climate change and biodiversity loss – from home! Want another Plant & Share challenge? Try growing our bee-friendly strawberry wellies.

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