

# Can you help grow community spirit?



Planted in these little pots of kindness are little seeds of friendship.



A seed of friendship isn't an ordinary seed. It needs everything a seed needs to flourish: Water, warmth, and rays of light. But there's one final step - It needs to be shared to burst open.

When a little green shoot peeks out of the soil, lift someone's spirit by sharing your little pot of kindness with them. Pop it on their doorstep, wall, or window ledge with a note to let them know who it's from and how to best take care of it.

One final tip - the best way to grow friendships are smiles, waves and hello's.

Fill in the note below to tie around your pot of kindness, or you can create your own! Let everyone else see your seed of friendship using **#PlantandShare**



Plant and Share Month

Planted in this pot is...

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